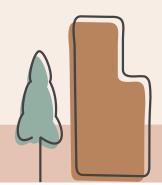
Soaking up the rain: It's all about the soils

Patty Gambarini, Chief Environmental Planner

Kyle Finnell, Senior Land Use and Environment Planner







01 - Workshop context

Mill River Watershed

Planning for Flood Resilience

A two-year project made possible by an Action Grant from the Massachusetts Municipal Vulnerability Preparedness Program to the Town of Williamsburg.

















Project Elements

Holistic Watershed-Based Plan

- · EPA 9-Element Watershed Plan
- Stormwater infrastructure mapping
- · Upland watershed stewardship
- Collaborating across town boundaries with other stewards of the watershed

Engagement

- Town boards Landowners Indigenous Land Stewards - Dunphy School
- Greenway Design Charette & community visioning
- Resident involvement in flood solutions
- Backyard workshops to build climate resilience
- Interactive web-based mapping tool with watershed data

Technical Analysis

- Create up-to-date flood maps that show current and future flooding
- Assess climate vulnerabilities and flood mitigation opportunities in upland areas
- Identify sustainable housing opportunities

Resilience Building

- Community engagement in the project from start to finish
- Public participation in the design of the Mill River Greenway
- Landowner participation in climate-resilient land management strategies throughout the watershed

Regulatory Review

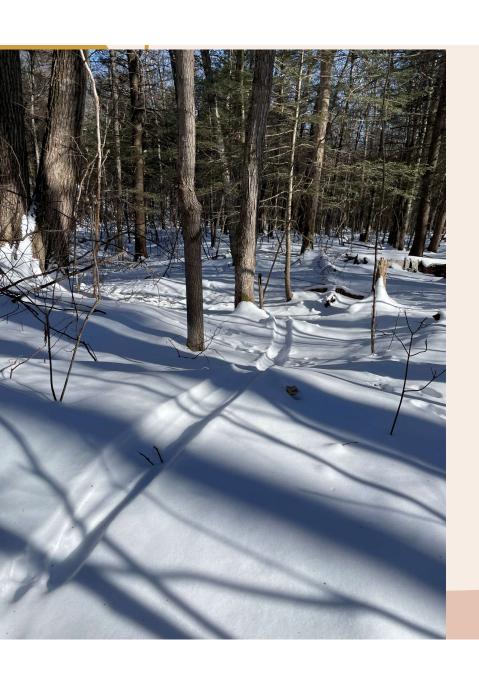
- Review town bylaws and regulations for ways to increase flood protection
- Recommend resiliency standards for bylaws and regulations





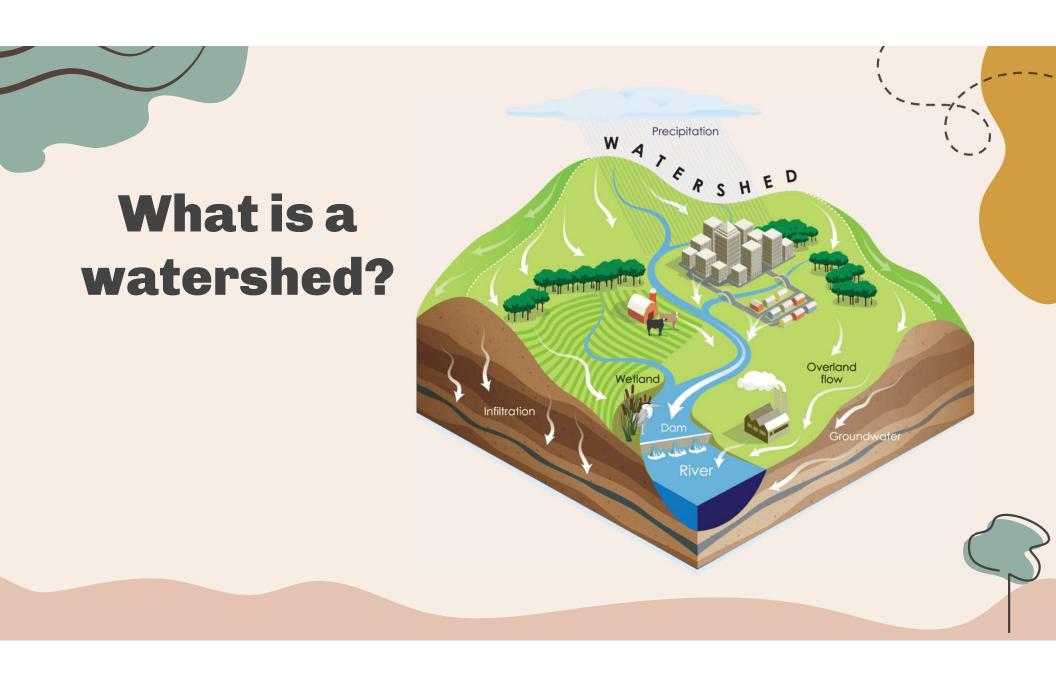
Looking at water

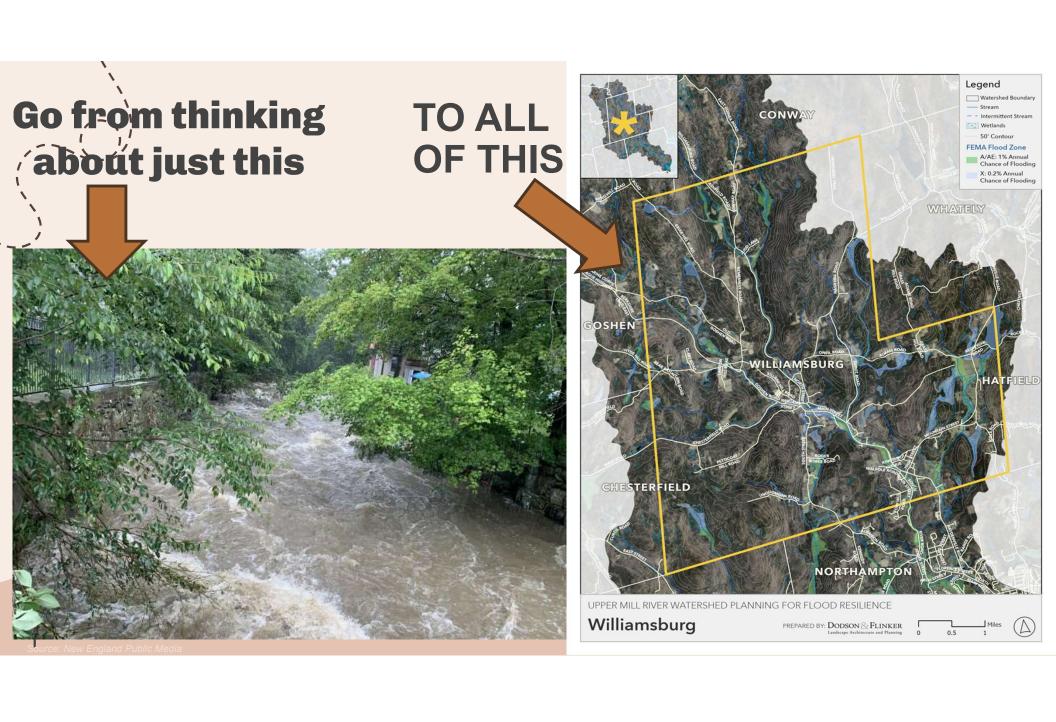
- Including current and future flooding
 New Flood Maps
 Regulations Review
 Areas for Improvement
- Water quality
 Sources of Pollution
 Green Infrastructure



and forests

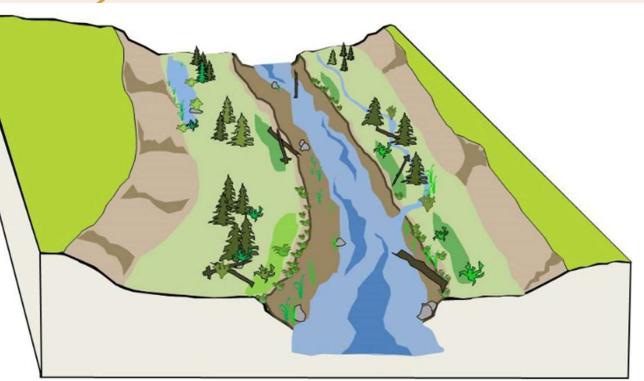
- Benefit of forests for flood mitigation
- Indigenous land practices with No Loose Braids
- Soil analysis of upland areas
- Balancing climate resilient forest conservation with development needs





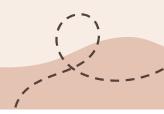
02 – Land development and unintended consequences

Floodplains

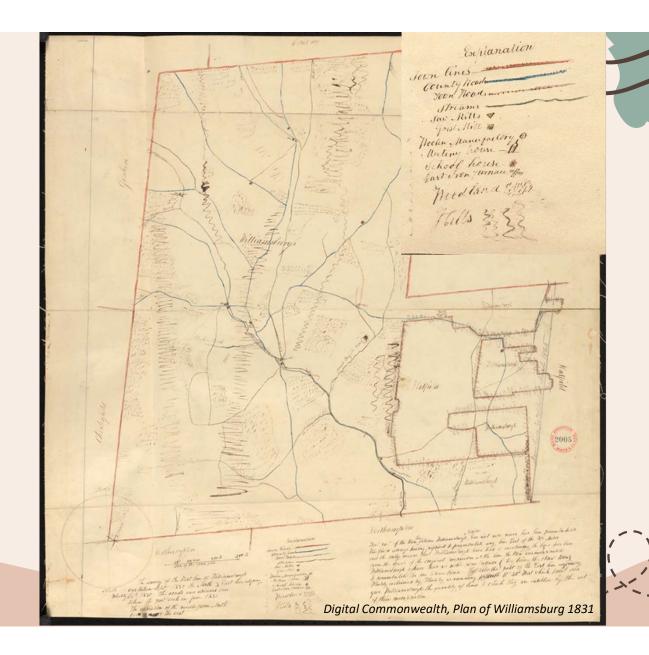


Reconnecting Rivers to Floodplains, American Rivers, 2016

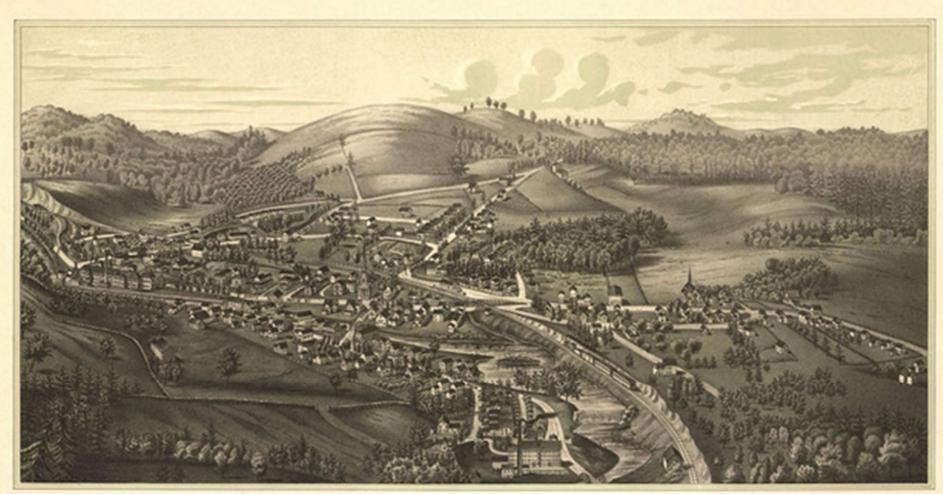
- Lands adjacent to river that are an integral part of the system
- Dynamic land area that regularly disturbed by inundation during high flows
- Form and ecology is shaped over time in response to natural processes driven by periodic flooding



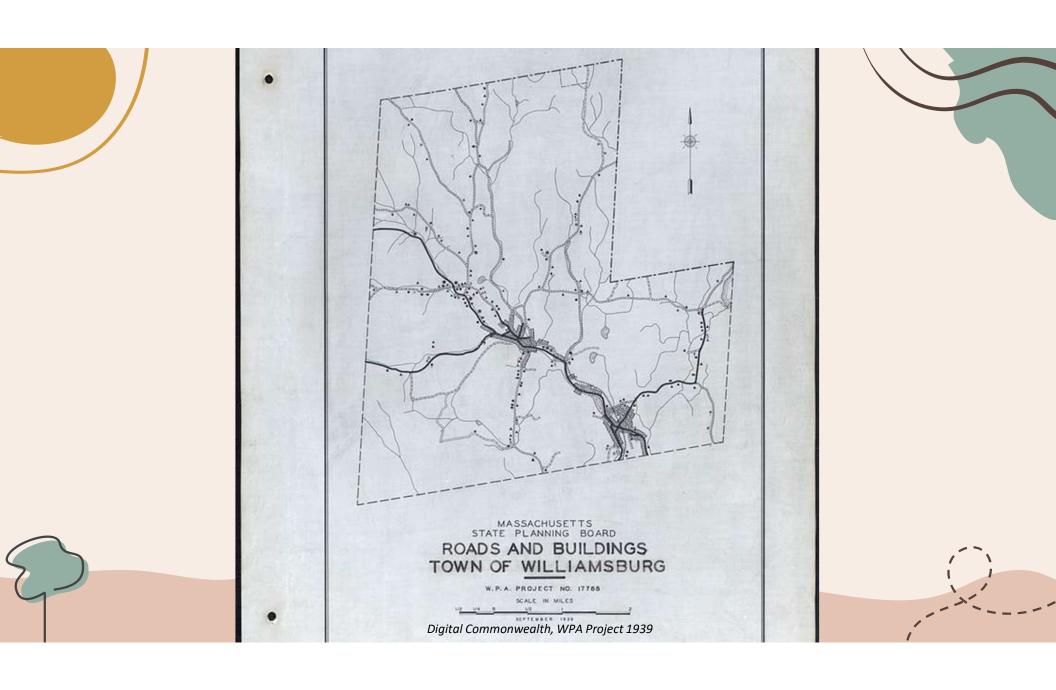
What do you notice in these next 3 images?





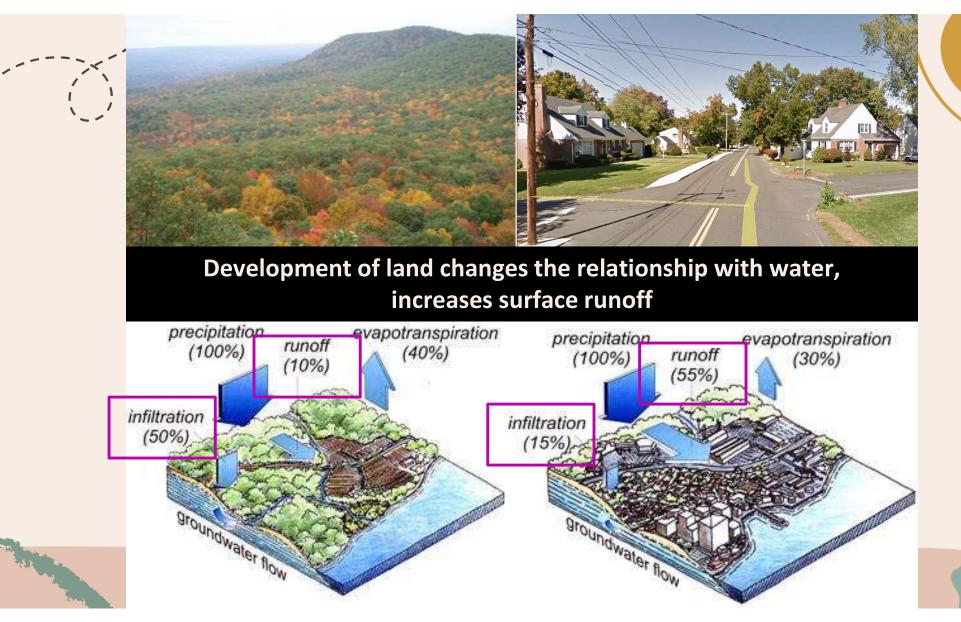


HAYDENVILLE, MASS.





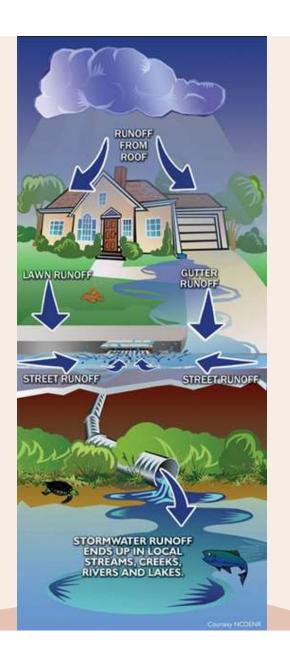






Historically approach has been to:

- Convey rainfall away...as if a waste product
- Use drinking water to irrigate lawns and gardens



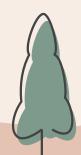
Many impacts associated with ``--- "conveyance" approach to stormwater





Rule of Thumb: At ~10% watershed impervious cover we see:

- Water quality issues
- Stream erosion
- Increased flooding
- Reduced groundwater recharge and baseflow to rivers, streams
- Impacts to biological communities
- Loss of recreational uses
- Shellfish bed closures



Increased flooding



The greater the impervious cover, the greater the likelihood of flooding

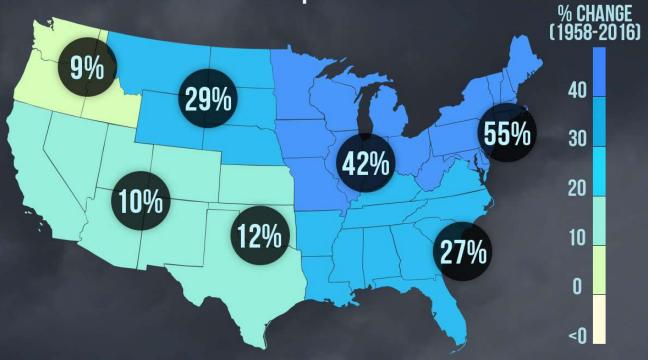
An equation that we are recognizing more and more

WWLP, July 2023 flood coverage





MORE DOWNPOURS Increase in Heaviest Precipitation Events



Heaviest events defined as top 1% of events Source: USGCRP Climate Science Special Report 2017



03 – Finding solutions

Shift in thinking about rainfall

From: Nuisance

Pipe and convey

Protect property

Reactive - solve problems

To: Precious Resource

Mimic natural processes and integrate management of stormwater with land use

Protect property **and** habitat

Proactive - prevent problems







Cottages on Green, East Greenwich, RI Photos courtesy of Jonathan Ford, Horsley Witten Group



This shift is reflected now at varying scales in:

- Single lot and larger developments – distributed systems to capture, treat, soak up rainfall
- <u>Municipalities</u> green stormwater infrastructure along streets and on public properties
- <u>Watershed</u> conserving key lands to promote river function; even buy outs in some places to make "room for the river."

WATERSHED SCALE



LAND CONSERVATION

Land conservation is one way of preserving interconnected systems of open space that sustain healthy communities.

Land conservation projects begin by prioritizing areas of land for acquisition. Land or conservation easements can be bought or acquired through donation.



GREENWAYS

Greenways are corridors of protected open space managed for both conservation and recreation.

Greenways often follow rivers or other natural features. They link habitats and provide networks of open space for people to explore and enjoy.



WETLAND RESTORATION AND PROTECTION

Restoring and protecting wetlands can improve water quality and reduce flooding. Healthy wetlands filter, absorb, and slow runoff.

Wetlands also sustain healthy ecosystems by recharging groundwater and providing habitat for fish and wildlife.



STORMWATER PARKS

Stormwater parks are recreational spaces that are designed to flood during extreme events and to withstand flooding.

By storing and treating floodwaters. stormwater parks can reduce flooding elsewhere and improve water quality.



FLOODPLAIN RESTORATION

Undisturbed floodplains help keep waterways healthy by storing floodwaters, reducing erosion, filtering water pollution, and providing habitat.

Floodplain restoration rebuilds some of these natural functions by reconnecting the floodplain to its waterway.



NEIGHBORHOOD OR SITE SCALE



RAIN GARDENS

A rain garden is a shallow, vegetated basin that collects and absorbs runoff from rooftops, sidewalks, and streets.

Rain gardens can be added around homes and businesses to reduce and treat stormwater runoff.



VEGETATED SWALES

A vegetated swale is a channel holding plants or mulch that treats and absorbs stormwater as it flows down a slope.

Vegetated swales can be placed along streets and in parking lots to soak up and treat their runoff, improving water quality.



GREEN ROOFS

A green roof is fitted with a planting medium and vegetation. A green roof reduces runoff by soaking up rainfall. It can also reduce energy costs for cooling the building.

Extensive green roofs, which have deeper soil, are more common on commercial buildings. Intensive green roofs, which have shallower soil, are more common on residential buildings.



RAINWATER HARVESTING

Rainwater harvesting systems collect and store rainfall for later use. They slow runoff and can reduce the demand for potable water.

Rainwater systems include rain barrels that store tens of gallons and rainwater cisterns that store hundreds or thousands of gallons.



PERMEABLE PAVEMENT

Permeable pavements allow more rainfall to soak into the ground. Common types include pervious concrete, porous asphalt, and interlocking pavers.

Permeable pavements are most commonly used for parking lots and roadway shoulders.



TREE CANOPY

Tree canopy can reduce stormwater runoff by catching rainfall on branches and leaves and increasing evapotranspiration. By keeping neighborhoods cooler in the summer, tree canopy can also reduce the "urban heat island effect."

Because of trees' many benefits, many cities have set urban tree canopy goals.



Source: FEMA

TREE TRENCHES

A stormwater tree trench is a row of trees planted in an underground infiltration structure made to store and filter stormwater.

Tree trenches can be added to streets and parking lots with limited space to manage stormwater.



GREEN STREETS

Green streets use a suite of green infrastructure practices to manage stormwater runoff and improve water quality.

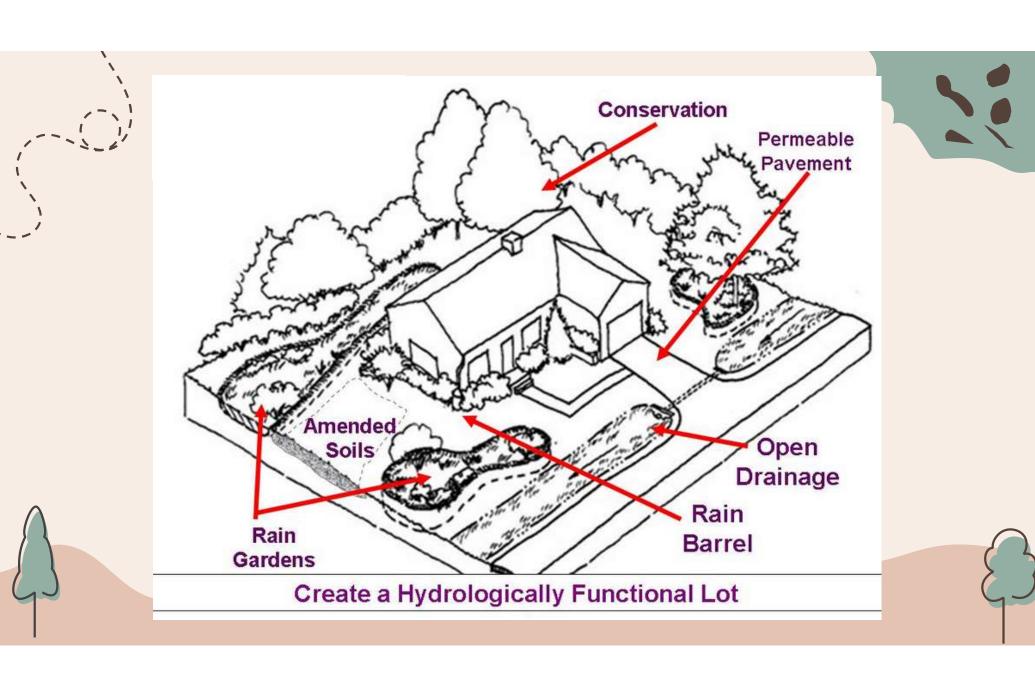
Adding green infrastructure features to a street corridor can also contribute to a safer and more attractive environment for walking and biking.

Soaking up the rain = facilitating the natural water cycle



- Protect natural drainage systems and pathways
- Preserve natural areas and native vegetation trees especially!
- Reduce/remove "impervious" cover
- Find ways to disconnect areas from draining to roadways/municipal storm system/nearby rivers and streams
- Manage rainfall and snowmelt as close to source as possible





04 - Why soils matter

Soil type has a lot to do with how well rainwater soaks into the ground.

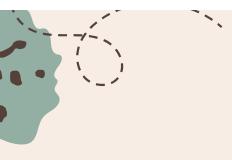
Sandy, loamy soil soaks up water quickly.

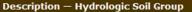
Heavier soils with clay don't soak up as well.



Max Graham, Yale Climate Connections







Hydrologic soil groups are based on estimates of runoff potential. Soils are assigned to one of four groups according to the rate of water infiltration when the soils are not protected by vegetation, are thoroughly wet, and receive precipitation from long-duration storms.

The soils in the United States are assigned to four groups (A, B, C, and D) and three dual classes (A/D, B/D, and C/D). The groups are defined as follows:

Group A. Soils having a high infiltration rate (low runoff potential) when thoroughly wet. These consist mainly of deep, well drained to excessively drained sands or gravelly sands. These soils have a high rate of water transmission.

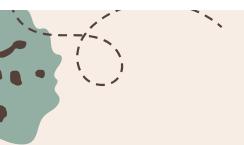
Group B. Soils having a moderate infiltration rate when thoroughly wet. These consist chiefly of moderately deep or deep, moderately well drained or well drained soils that have moderately fine texture to moderately coarse texture. These soils have a moderate rate of water transmission.

Group C. Soils having a slow infiltration rate when thoroughly wet. These consist chiefly of soils having a layer that impedes the downward movement of water or soils of moderately fine texture or fine texture. These soils have a slow rate of water transmission.

Group D. Soils having a very slow infiltration rate (high runoff potential) when thoroughly wet. These consist chiefly of clays that have a high shrink-swell potential, soils that have a high water table, soils that have a claypan or clay layer at or near the surface, and soils that are shallow over nearly impervious material. These soils have a very slow rate of water transmission.

If a soil is assigned to a dual hydrologic group (A/D, B/D, or C/D), the first letter is for drained areas and the second is for undrained areas. Only the soils that in their natural condition are in group D are assigned to dual classes.

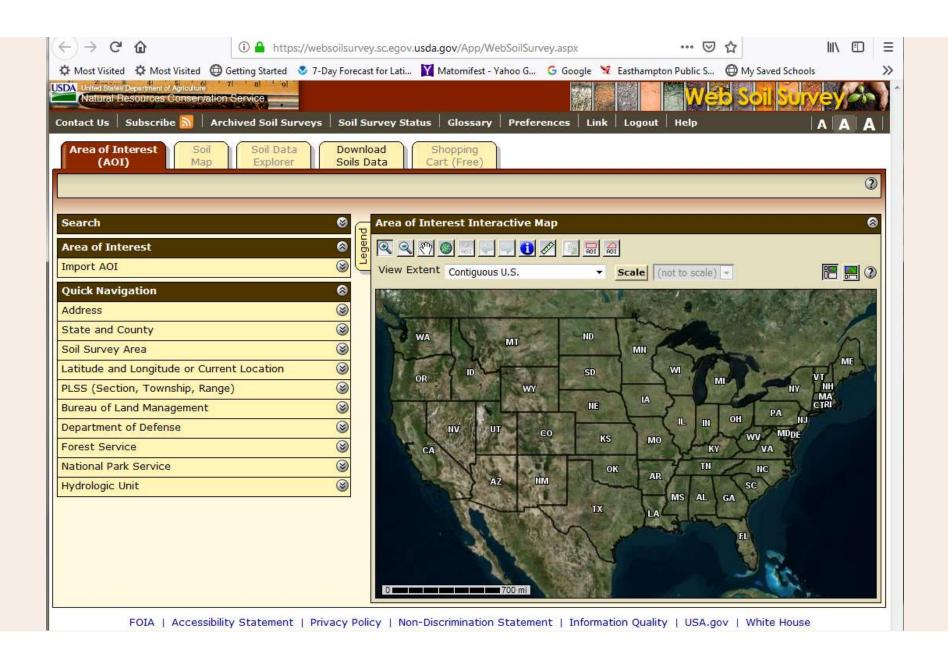


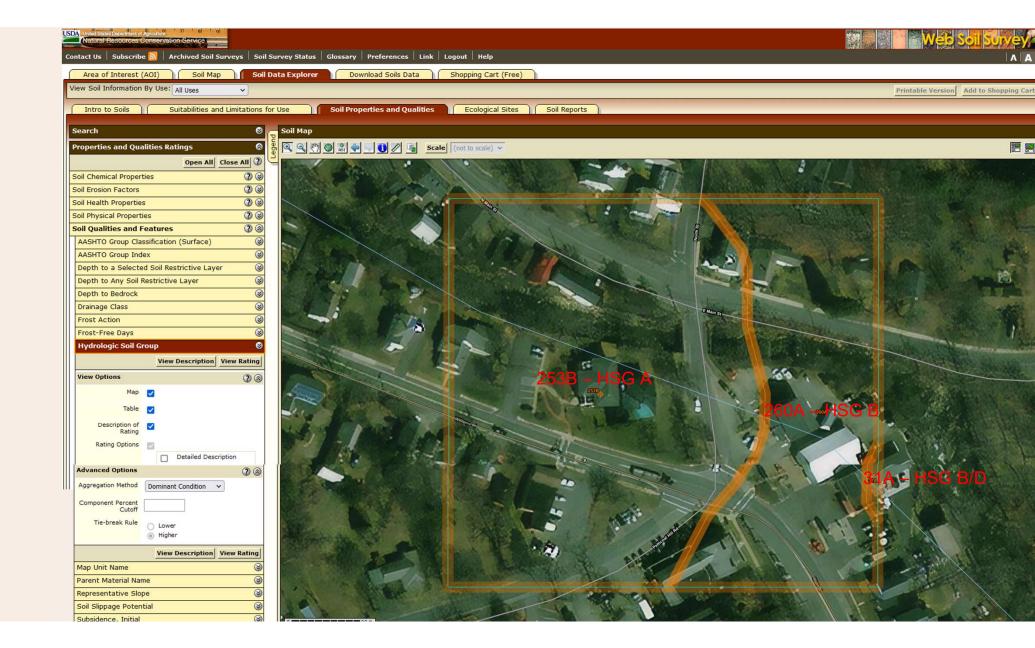


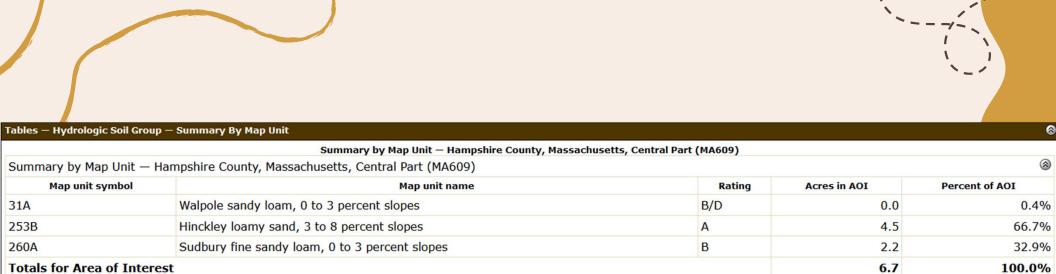
Soils in Williamsburg

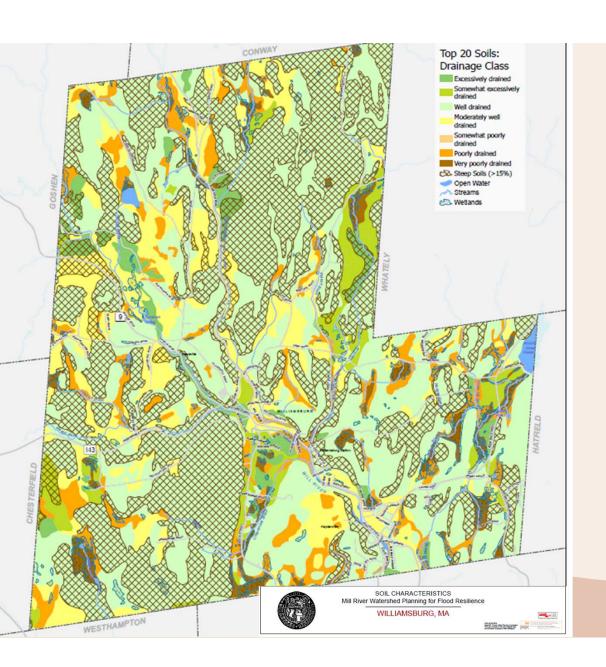
| Map Unit Name | Drainage Class |
|---|------------------------------|
| Hinckley and Windsor soils, 25 to 35 percent slopes | Excessively drained |
| Hinckley loamy sand, 0 to 3 percent slopes | Excessively drained |
| Pits, gravel | Excessively drained |
| Windsor loamy sand, 15 to 25 percent slopes | Excessively drained |
| Gloucester fine sandy loam, 3 to 8 percent slopes, stony | Somewhat excessively drained |
| Hollis-Chatfield association, 15 to 45 percent slopes, very rocky | Somewhat excessively drained |
| Merrimac fine sandy loam, 0 to 3 percent slopes | Somewhat excessively drained |
| Westminster-Millsite association, 25 to 35 percent slopes, extremely stony | Somewhat excessively drained |
| Agawam fine sandy loam, 3 to 8 percent slopes | Well drained |
| Charlton and Gloucester fine sandy loams, 25 to 35 percent slopes , very stony | Well drained |
| Charlton fine sandy loam, 15 to 25 percent slopes, very stony | Well drained |
| Charlton-Hollis- Rock outcrop complex, 15 to 25 percent slopes | Well drained |
| Charlton-Paxton association, 15 to 45 percent slopes, extremely stony | Well drained |
| Charlton-Rock outcrop-Hollis complex, sloping | Well drained |
| Chatfield-Hollis complex, 25 to 60 percent slopes, rocky | Well drained |
| Colrain fine sandy loam, 8 to 15 percent slopes, very stony | Well drained |
| Haven very fine sandy loam, 3 to 8 percent slopes | Well drained |
| Marlow-Berkshire association, 35 to 60 percent slopes, extremely stony | Well drained |
| Paxton fine sandy loam, 0 to 8 percent slopes, very stony | Well drained |
| Shelburne-Ashfield association, steep, extremely stony | Well drained |
| Tunbridge-Lyman association, 15 to 60 percent slopes, extremely stony | Well drained |
| Udorthents, smoothed | Well drained |
| Amostown fine sandy loam, 3 to 8 percent slopes | Moderately well drained |
| Ashfield-Shelburne association, rolling, extremely stony | Moderately well drained |
| Belgrade silt loam, 0 to 3 percent slopes | Moderately well drained |
| Boxford silt loam, 3 to 8 percent slopes | Moderately well drained |
| Ninigret fine sandy loam, 0 to 3 percent slopes | Moderately well drained |
| Peru-Marlow association, 3 to 15 percent slopes, extremely stony | Moderately well drained |
| Pootatuck fine sandy loam, 0 to 3 percent slopes | Moderately well drained |
| Sudbury fine sandy loam, 0 to 3 percent slopes | Moderately well drained |
| Woodbridge fine sandy loam, 0 to 3 percent slopes | Moderately well drained |
| Pillsbury-Peacham-Wonsqueak association, 0 to 8 percent slopes, extremely stony | Poorly drained |
| Raynham silt loam, 0 to 3 percent slopes | Poorly drained |
| Ridgebury fine sandy loam, 0 to 3 percent slopes | Poorly drained |
| Rippowam fine sandy loam, 0 to 3 percent slopes | Poorly drained |
| Walpole sandy loam, 0 to 3 percent slopes | Poorly drained |
| Freetown muck, central lowland, 0 to 1 percent slopes | Very poorly drained |
| Maybid silt loam, 0 to 3 percent slopes | Very poorly drained |
| Saco silt loam, 0 to 3 percent slopes | Very poorly drained |
| Scarboro mucky fine sandy loam, 0 to 3 percent slopes | Very poorly drained |
| Swansea muck, 0 to 1 percent slopes | Very poorly drained |











Activity! Get an idea of soil at your home or business





Simple Infiltration Test

Purpose

This test will help determine whether an infiltration type stormwater practice can be installed in a proposed location. This simplified test is intended for use with smaller, more residential scale infiltration practices. For larger projects and for projects in highly urbanized locations, this test can provide a preliminary understanding of soil conditions, but a more in depth soil investigation is essential at such sites before design and construction.

Timing

Tests should not be conducted in the rain or within 24 hours of significant rainfall (>0.5 inches) or when the temperature is below freezing. Preferred testing time is between end of March and June, the presumed wet season here in the Northeast.

Tools

Shovel, tarp, yardstick ruler, watch or clock, clipboard, pen, field data sheet. You will also need to make sure you have a source of water, either a hose that can reach the hole that you dig or enough buckets of water so that you can properly conduct this test.

What is Dig Safe?

For a safe digging project, contact Dig Safe first to request utility marks on your property.

A safe excavation project starts by first contacting Dig Safe to request utility marks on your property. Call Dig Safe at 811 or submit a request online using Exactix at www.digsafe.com/exactix.php.



Why should I contact Dig Safe?

Damaging an underground facility is dangerous for you, and for the people around you. A broken pipe or cable also causes outages, expensive repairs and legal problems.

This is why state law requires contractors and homeowners to notify Dig Safe before digging,



When should I contact Dig Safe?

Even small, shallow jobs are a risk if you don't know where utilities are buried. Contact Dig Safe any time you dig, for any type of project.

| Landscaping | - Fencing | - Walkw |
|-----------------|---------------|------------|
| Retaining Wall | - Clothesline | - Irrigati |
| Dog Fence | - Swing Set | - Mailbo |
| Basketball Hoop | - Planting | - Drivew |

How much notice should I give?

State law requires at least 72 hours notice in Massachusetts, Maine, New Hampshire and Rhode Island; 48 hours in Vermont - excluding weekends and holidays.

Before contacting Dig Safe, you must first "premark" the area where you plan to dig, with white stakes, paint or flags.

This helps the locating technician reduce excess markings where you don't need them.



To request a utility mark-out on your property, submit a Dig Safe "ticket" with Exactix, our web-based platform at www.digsafe.com/exactix.php.

Or, call a Dig Safe Customer Service Representative at 811, from 6am to 6pm, Monday through Friday.

Who marks the lines?

Utility companies (NOT Dig Safe) mark their own lines. Dig Safe is the communication network that notifies these companies to respond for a mark-out. Some utility members use contract locating companies to mark their lines.

Member companies are not responsible to mark privately owned facilities.

What information do I need?

Please provide the following information to submit a request for utility marks:

- · Where is the physical address where the work will take place?
- · What is the nearest intersecting street?
- · What type of work are you doing?
- · Where on your property will the work take place?
- · Is the area pre-marked?
- · Is there any other information that will help the utility companies find where you are working?
- · If not yourself, who is doing the digging?



What happens next?

After submitting a request for utility marks with Exactix at www.digsafe.com/exactix.php or by calling 811, the participating utility companies will respond within 72 business hours (48 hours in Vermont) to mark the location of their underground facilities.

Underground pipes and cables are marked out by the utility companies' locating technicians using colored paint, stakes, or flags.



"Pre-mark" for WHITE Proposed Excavation

Visit www.digsafe.com for everything you need to

To request utility marks on your property any time, submit a request online with Exactix, our web-based platform: www.digsafe.com/exactix.php

Or, call us at 811 during business hours: Monday through Friday, from 6am to 6pm.





Color coded paint or flags are used to identify the type of underground facilities.

| RED | Electric Power Lines, Cables, Conduit and Lighting Cables |
|--------|---|
| YELLOW | Gas, Oil, Steam, Petroleum or Gaseous Materials |
| ORANGE | Communication, Alarm or Signal Lines, Cables or Conduit |
| BLUE | Potable Water |
| GREEN | Sewers and Drain Lines |
| PURPLE | Non-Potable Water: Reclaimed Water, Irrigatiion and Slurry Lines |
| PINK | Temporary Survey Markings |

How can I get more information?

know about our free safety service.

DATE OF LAST REVISION - JANUARY 202



Don't dig yourself into trouble. Contact Dig Safe before you dig. It's Smart, It's Free, It's the Law.





https://digsafe.com/data/how-it-works/a27fd434-4e88-47c0-81a5-9c0f4508a583.pdf

Procedure

- Dig a hole a minimum of 2 feet in diameter and 1 to 2 feet deep. As you dig, put excavated dirt on tarp to avoid spread of dirt on nearby sidewalk, lawn, or driveway. If the hole fills with water on its own, choose a new location.
- Take a handful of soil from the bottom of the hole and determine the type and texture of the soil through a "ribbon test," following steps from the Vermont Rain Garden Manual shown at right. Record results on the field data sheet. If soil is clay, choose a new location.
- Fill the hole with water to moisten the soil, being careful to avoid splashing, which could erode the sides of the hole.
- Allow the hole to drain completely. If it does not drain completely, choose a new location.
- Place a yard stick in the hole and fill the hole with water a second time. Note the water level and time. After 30 minutes, check the water level again and note the

- Grab a handful of moist soil and roll it into a ball in your hand.
- Place the ball of soil between your thumb and the side of your forefinger and gently push the soil forward with your thumb, squeezing it upwards to form a ribbon about '4" thick.
- Try to keep the ribbon uniform thickness and width. Repeat the motion to lengthen the ribbon until it breaks under its own weight. Measure the ribbon and evaluate below:



The ribbon formed here depicts a clay soil because it is greater than 1.5" in length.

SAND: Soil does not form a ribbon at all.

SILT: A weak ribbon < 1.5" is formed before breaking.

CLAY: A ribbon > 1.5" is formed.

new water level. Multiply the change in water level by 2 to get the number of inches of infiltration in one hour. Record the depth on the field data form.





Field Data Sheet Simple infiltration test

| Location: | Person(s) conducting test: |
|---|---|
| Date: | Time: |
| Starting water level in hole:inches | |
| Ending water level after 30 minutes: inches | |
| Difference: inches | |
| Difference multiplied by 2:inches per | r hour |
| Soil Type (check one) | Infiltration Rate (check one) |
| Son Type (eneek one) | Innitiation Rate (check one) |
| No ribbon will form = Sand | ≥ 1 inch per hour (test indicates that good location for infiltration type stormwater practice) |
| Weak ribbon <1.5" = Silt | |
| >1.5" = Clay | < 1 inch per hour (if less than 1 inch per hour, choose a different location) |

Soil Organic Matter and Water Retention

- The topmost layer of the soil is where organic matter is found, averaging only about 5% by volume.
- · Of that average 5% -80% is humus, 10% is roots, and 10% is organisms.







- · By feeding the 20% or so of living organisms (plants, animals, and micro-organism), the amount of humus increases.
- · For every 1% of organic matter increase in the topsoil, water is retained and stored inground as much as 25,000 gallons per acre.

That's the same amount of water as a 33' round above-ground swimming pool with 5' of water!

USDA-NRCS SOIL HEALTH INFOGRAPHIC SERIES #002



what's underneath





Amending Topsoil, Adding Organic Matter

- It's considered best practice to get a soil test completed so you know how much organic matter exists in your soils.
- UMass-Amherst conducts soils analysis for property owners (\$20), with organic matter at an additional price (\$6).

UMass Soil Lab:

https://ag.umass.edu/services/soilplant-nutrient-testing-laboratory <u>Soil testing order form</u>:

https://ag.umass.edu/sites/ag.umass.ed u/files/pdf-docppt/routine home grounds 101019.pdf





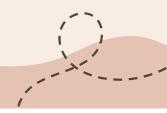


- Strategies to amend your topsoil to increase organic matter varies depending on your ground cover, i.e. lawn versus gardens vs forests
 - For lawns, consider applying a thin layer of organic compost in the late fall and switching to a more organic approach to lawncare.
 - For gardens, use non-dyed mulches, leaf litter, or wood chips
 - In wooded areas, best to let nature take the lead and keep your forest healthy!



UNH Extension





Upcoming events in this series

Sat, April 13: Harvesting Rainwater: Cisterns and Rain Barrels
Patty Gambarini and Kyle Finnell
Pioneer Valley Planning Commission

Sat April 27: Soak Up the Rain: Rain Gardens and Bioswales Rachel Lindsay, Regenerative Design Group

Sat. May 4: Soak Up the Rain: Porous Paving Rachel Loeffler, Berkshire Design Group









